

ST. ANNE'S ACTIVITIES... LET THE GOOD TIMES ROLL!

Every week at St. Anne's Salvatorian Campus there are approximately 23 activities planned for assisted living residents, 42 activities for the nursing home residents and 25 activities for the residents of Providence Court. "You can never say there is nothing to do at St. Anne's. They (Activities Department) are always keeping us busy and motivated," stated Carlene Siever a nursing home resident at St. Anne's for over five years.

The Activities Department at St. Anne's consists of six full-time employees, and their goal is to create meaningful and fun activities for the residents. Of these employees – three are certified nursing assistants, one is a certified occupational therapy assistant, one has a music degree and one staff member has a degree in residential design. The Activities Department has 33 years combined experience. When Assistant

Activity Director Matt Luther was asked what he enjoys most about his job, he responded "I love the smiles I get from residents. I feel sincerity here, in the residents, their family members and my co-workers."

Activities within nursing homes and assisted living facilities are an important part of maintaining the health and well being of residents. Stimulating activities help maintain a positive and stable environment for residents. Activities are about socialization, spiritual life and developing friendships. It is making sure residents are satisfied emotionally as well as physically.

The activities list at St. Anne's is endless. Just a sampling of the activities includes bingo, baking cookies, birthday and holiday parties, bowling, music activities, trivia games, board games, art & craft projects, creative

writing, and volleyball. During a week in January, the Activities Department celebrated National Activity Week with beach day, world fair day, pajama day and hug day. For Mardi Gras, each unit at St. Anne's made a float which culminated in a grand and glorious parade.

"I really enjoy my bracelet and necklace beading. Because I have numbness in my hands, I also started going to water color painting classes and that has been good exercise for me," said Carlene Siever. "I enjoy the bingo and pokeno games, especially when we play for money," laughs Betty Grafwallner, Carlene's roommate. "Also, the new iris paper folding class is quite enjoyable. I'm really quite proud of myself for what I have created," says Betty.

"When I hear a resident tell me how wonderful an activity was, or they can't believe how much fun they had, or even say God bless you – this is when I know what I do makes a difference in so many ways, to so many people on a daily basis, says Lisa Anderson, Activities Director. Not many people have a job that gives them this kind of satisfaction." ♥

ST. ANNE'S CINEMA

Our wish... a movie theatre for residents and their families

We have the perfect room for a theatre, but need help to make our dream come true. The theatre would include:

- HD flat screen television
- Surround sound
- Popcorn machine and small refrigerator for beverages
- Seating with cup holders
- Marquee sign for entrance to the theatre
- Theatre décor

If you are interested in making a contribution in support of the theatre, please contact the Development Office at (414) 466-7414 or sdsdev@salvatoriansisters.org.

Betty Grafwallner, left, and friend/roommate Carlene Siever show off their pieces of artwork. Betty finished an iris paper folding project, and Carlene is finishing a beaded necklace.





Dear Friends,

As you read this issue of *From the Heart*, spring will be fast approaching. It is hard to believe that we will be celebrating the one-year anniversary of the opening of Providence Court, our innovative community-based residential facility (CBRF). In

this issue, we have highlighted Theresa Ray, our first resident of Providence Court and her joys of living at St. Anne's.

St. Anne's has enjoyed a long history of offering compassionate care for the elderly, and we have highlighted two employees who have been with St. Anne's for forty years – their compassion and dedication for our residents has not wavered after all of these years. Please also read about our Activities Department. With over 33 years of combined experience, their commitment to making our residents feel right at home is inspiring.

Our 2009 donors are highlighted in a special section of this newsletter. We are extremely grateful for your continued support in keeping this mission alive. We have also included on the back cover of the newsletter, different ways that you can maintain your generosity through online shopping and your weekly grocery shopping.

Thank you for your kind and generous support. We are grateful to have you as members of the St. Anne's family!

God's Blessings!

Lynn M. Vogt, Administrator

PROVIDENCE COURT MARKS FIRST ANNIVERSARY RESIDENT ENJOYS NEW HOME

Theresa Ray was the first resident of Providence Court at St. Anne's Salvatorian Campus. Providence Court opened in spring 2009 as a Community Based Residential Facility (CBRF). She had toured the facility with her good friend Joyann Stewart and decided it would be her new home.

"What else could I ask for? I like Providence Court so much. The people and the staff are friendly; I feel safe, and having the chapel on campus with regular Masses is a big plus," Theresa explained. Providence Court meets the growing demand for residential options that provide the necessary level of care in a home-like atmosphere.

Theresa and Joyann became friends nearly a decade ago. They were members of St. John Vianney Parish in Brookfield, Wisconsin, and struck up a conversation as they were leaving church one day. Joyann was an elementary school teacher, first in Catholic and then in public schools. Theresa had worked at one of the leading Wisconsin banks. "I liked

working with and helping people and they trusted me," Theresa said.

"Our faith brought us together. We prayed together regularly and often shared our faith like Theresa's knowledge of the lives of the saints. Theresa also led me to pray at the perpetual adoration chapel at St. Mary's Visitation in Elm Grove," Joyann said. When Joyann was diagnosed with cancer in 2006, it was Theresa who brought her daily Communion after the surgery and during the chemotherapy treatments.

"Theresa was a caring and concerned daughter to her mother, and then she helped her sister and an elderly neighbor. Now I can be there for her. The Lord is caring for and loving her through our friendship," Joyann stated.

Theresa agrees. "I am so thankful for a friend like Joyann. She visits once a week, we enjoy going out to eat together. Things change and we need to adjust but it is easier to do when you have a friend like Joyann. It sounds so simple but it means so much. Life could not be better." ♥

Theresa Ray, left, and friend Joyann Stewart visit at Providence Court. Theresa was the first resident of Providence Court.





40 40 40 TWO STAFF MEMBERS CELEBRATE FORTY YEARS

‘The Residents Have Always Been the Best Part’

Glema Guyton, left, and Marilyn Pyron are part of the laundry team at St. Anne’s.

No matter what job she tackles, the residents have always been the best part of Glema Guyton’s work at St. Anne’s. She has completed forty years and for the last 10 years has worked in the laundry. Over the course of her employment, she has also worked as a CNA (certified nursing assistant), night supervisor, ward clerk and in central supply. In addition, she delivered mail and helped to transport residents to and assisted the doctors, dentists, podiatrists, ophthalmologists and ear, nose and throat physicians.

“I really enjoyed being with and working with the residents and other

members of the staff. Nurses Lenice Schnell and Kathie Hooser were always there to help me. You become very attached and I always felt that St. Anne’s was a loving, caring place. I really never thought in 1969 that I would be here for forty years, but the residents are definitely why I stayed year after year. I love doing things for them. The other day I met a lady who used to work here with us and now she is moving into assisted living. I just love her,” Glema said.

Joyce Whitley, Environmental Supervisor, describes Glema. “She is a dedicated person who is easy to talk to, has a sense of humor and gets along

well with all her colleagues. She is a valuable member of our laundry team.”

Glema understands how important her work in the laundry is and wants the residents to feel and look good. She enjoys visits from former colleagues who stop in to say hello. Glema was the employee of the month and received a perfect attendance award for November 2009.

“I thank God every day for my daughter, grandchildren and all my friends at St. Anne’s,” she said.

Thank you, Glema, for sharing your life and work with us. ♥

‘Forty Years Says It All’

“I enjoy my job. It is a blessing and a challenge—no one gets bored around here. Every day is different and I look forward to coming in and talking to the residents. I am interested in how their day is going and in trying to cheer some of them up. It takes courage to grow older and it is a joy hearing and sharing their stories. Many of them are very spiritual and attend Mass in the chapel regularly or just visit the chapel. I enjoy helping the residents to feel clean and comfortable, getting them a sip of water or the right position in a chair or bed—that is a joy for me,” Ophelia (Ophie) Gibbons explained. She has worked at St. Anne’s for over forty years.

For many years, Ophie worked the evening shift. Today she works every other weekend in the Tivoli Terrace

assisted living apartments. When she started at St. Anne’s, she and her husband had three small children who are all grown now with children of their own. She remembers leaving work after all the residents were comfortable and sleeping in bed and thinking, ‘Job well done.’ ”

“I truly believe that we should, ‘Do unto others what you want done to you.’ God loves each person. So I try to make sure they have water, back rubs, and baths so they will feel and look better. It also keeps my spirits up when I help them. St. Anne’s is a beautiful place. Being kind is my job and I like the people I work with,” Ophelia said.

Resident Helen Mollinger appreciates Ophie. “Ophie is very kind and conscientious. She is so natural and likes to talk about the Bible. I just



Resident Helen Mollinger, left, always enjoys talking with Ophie Gibbons, CNA.

love talking with her,” Helen stated.

Supervisor Pam Somers, RN, agrees. “Ophie never rushes anyone. Every resident feels like they have her undivided attention. Forty years says it all about her dedication to the residents and St. Anne’s.” ♥

VISIT ART EXHIBIT ON CAMPUS

Be sure to visit the art exhibit being held this spring at St. Anne's in the hallway near the main lobby and in Providence Court. Sister Karlyn Cauley, SDS, a traditional folk artist, and Sister Clarice Steinfeldt, SDS, a visual artist, are the featured artists. They are members of the Sisters of the Divine Savior, sponsors of St. Anne's Salvatorian Campus.

The two Salvatorian Sisters and Sister Doris Klein, CSA, are part of The Art Studio located on the third floor of Divine Savior Holy Angels High School, 4257 N. 100th Street, Milwaukee. In addition, Art Studio Business Manager Barbara Braatz offers personalized matting and framing.

The 14-room Art Studio is celebrating its 25th anniversary and you are invited to visit. "Our Art Studio introduces people to the Sisters of the Divine Savior

and our mission. It is a welcoming, reflective space where people find some quiet during a busy life; they can see artists at work and receive services for matting and framing of the pieces they bring here as well. We have created relationships with many of our guests and share the special moments of their lives through our art work," Sister Karlyn said.

Sister Clarice also tries to bring beauty and joy into people's lives. "Each piece I do as a visual artist is an original and the spectrum includes papercuttings, special occasion carved candles, and Christmas ornaments.

So if you enjoy the exhibit at St. Anne's, please call so we can offer a personalized tour of the Art Studio, 414.461.6446. We invite you to experience the peace and beauty of the Art Studio. ♥



2010 Calendar Dates

April 4.....**Easter Sunday**

July 26**St. Anne's
Feast Day**

Sept. 28 ...**HeartStrings 2010**
5:30 p.m.
Davian's Banquet &
Conference Center

*For further information,
contact Amy at 414-466-7414 or
lanpheara@salvatoriansisters.org*

ST. ANNE'S SALVATORIAN CAMPUS

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ST. ANNE'S MISSION

St. Anne's mission is to provide residents with care and compassion in a respectful, home-like environment that honors individual dignity. Following the mission and philosophy of the Sisters of the Divine Savior and the beliefs of the Catholic faith, we strive to improve quality of life, promote justice, collaborate with our partners in service and be responsible stewards of our resources.

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GoodSearch

GoodSearch is a search engine which donates 50% of its revenue to the charities designated by its users. You can use GoodSearch exactly as you would any other search engine. Because it's powered by Yahoo!, you get proven search results. So, the next time you are browsing the Internet, go to www.goodsearch.com, select St. Anne's as your designated charity and let the searching begin!

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Did you know that you can support St. Anne's every time you shop? Register at any Pick'n Save® store for an Advantage Plus® Savers Club Card. On the registration form, designate **753375** as your charity code. Then, every time you shop, you will earn Pick'n Save® We Care dollars for St. Anne's.

