

Recipe for Fun

Take one very energetic and creative activities director. Mix with a talented and dedicated staff. Add in a few friendly volunteers. Stir up some fun and festive ideas. Serve fresh to the residents of St. Anne's.

This recipe for fun is brought to you by Lisa Anderson, activities director, and her wonderful staff. On board since July 2006, Lisa is enthusiastic about being at St. Anne's.

"My goal is to have purposeful activities. Entertainment has its place, but the residents have to have pride in what they do," Lisa emphasized. Her planning includes activities for residents of the nursing home, assisted living apartments and the Salvatorian Sisters Residence.

One of the newest activities for the residents is Cookie Day. Each Friday, residents gather in the second floor kitchen and make, bake and sell cookies.

The plan is to sell these sweet treats for 25 cents apiece in the front lobby. When the aroma of freshly baked cookies hits the corridors, the proud bakers often sell out and never have to leave the kitchen!

Valentine's Day will be memorable as staff and residents can vote for the King and Queen of Hearts on each unit. The activities staff will also be busy delivering singing Valentines throughout the Home.

Lisa and her staff plan a Mardi Gras celebration sure to please with each unit making a float culminating in a grand and glorious parade.



Lisa Anderson, near right, and her staff plan a variety of activities for our residents to enjoy throughout each week.



"There are so many ideas and I want to do it all," added Lisa, as she recounted the recent events enjoyed by our residents.

Since Christmas, the activities department hosted a spa day for residents. While listening to quiet music and water fountains, nearly 60 residents relaxed with a neck massage, back massage or a manicure.

The one and only Elvis Presley was on the minds of residents and staff, as St. Anne's paid tribute to the King on the anniversary of his birth, January 8th. Trivia questions and photo opportunities with cardboard cutouts of Elvis brought smiles to residents and staff alike. And a day dedicated to honoring this American icon would not be complete without offering his

favorite snack—fried peanut butter and banana sandwiches!

So much more is in store for our residents, as Lisa hopes to organize a musical choir utilizing chimes. Once instruments are purchased and practices begin, it is hoped the choir, comprised of residents, will be able to host concerts for members of the St. Anne's family. Special activities are being planned for National Nursing Home week in early May, as well as a craft fair sometime this year.

When Lisa is not cooking up great ideas for the residents, she is busy raising four children with her husband, Larry. Their family includes four teenagers who range in age from 18 to 13.

We are grateful for Lisa's energy and passion for her ministry. After working here for less than one year, she exclaimed: "My goal is to retire from St. Anne's around the age of 90."

Many of our activities are in need of volunteers and some are specifically structured for residents and their families. If you are interested in helping out or accompanying residents on day trips around town, please contact Lisa Anderson at 414-463-7570 or via e-mail at landerson@stannessc.org.

If you wish to send e-mail communications to a St. Anne's resident, please send your message to stannesscampus_activities@yahoo.com and Lisa will be sure to deliver to the recipient. For a complete list of activities and volunteer opportunities, please visit our web site at:

www.stannessc.org

Fundraising for Chapel Continues

With your generous support, we have raised nearly \$55,000 toward our Chapel improvement project. With more than 50% of the funds available to us, we will launch the initial phase of our plan. This includes staging the bulk of the project, which involves significant electrical work.

As we move closer to achieving our fundraising goal of \$108,000, a crew will be scheduled to begin behind-the-scenes work in the Chapel.

During this initial phase, we will need to remove some of the pews to accommodate special equipment.



We want to assure our residents, families and friends that the impact to the Mass schedule, if any, will be minimal. We will post updates regarding any changes in the Mass times.

In addition to the electrical work, we will be purchasing liturgical banners and supplies, altar chairs and additional seating for Chapel visitors. Work of a more cosmetic nature includes staining of woodwork, painting and window cleaning.

If you are interested in making a contribution in support of these much-needed improvements, please contact Lynn Vogt at 414-463-7570, ext. 301.

A Message from our Administrator

Dear Friends,

By the time you read this issue of *From the Heart*, we will be well into 2007. I hope this year brings good health and happiness to all in the St. Anne's family.

Our mission includes maintaining the quality of life for our residents. Through our resident directed care plan, our caregivers listen to the needs of each resident and customize the services we provide for them while at St. Anne's.

We strive to keep an open dialogue with both residents and their families, as we enhance their experiences in our Home. While we cannot meet every request, we will do our best to respond to the residents' needs.

Our staff and volunteers continue to provide gentle, loving care in a faith-based environment. This has been our focus for over 130 years. As we evolve to meet the needs of our residents, we are grateful for your support in keeping this mission alive.

Thanks to everyone in the St. Anne's family for your generosity and kindness!

God's Blessings!

Lynn M. Vogt, Administrator



Catch the SPIRIT



A new year often means new beginnings. At St. Anne's, we are proud to introduce the Spirit Club—a mission-focused initiative which will reinforce our goals as members of the St. Anne's family.

"Catch the Spirit" is meant to promote the mission of St. Anne's. Open to all staff and volunteers, the group will work to promote and affirm our mission in action each day.

Daily prayer, sharing of information during break times and team-building activities are just a few of the ideas surfacing from Spirit Club members.

Residents, staff, volunteers, family and friends are invited to submit a "mission moment" to be shared with others in our Home. Throughout St. Anne's, you will see bright red and gold boxes marked with "Catch the Spirit". Let us know what "mission moment" you witnessed recently by completing the brief survey and depositing it in one of the red and gold boxes.

Check our web site for updates regarding the Spirit Club and our events throughout the year. Visit us at:

www.stannessc.org

Welcome, Father Mike!

Father Mike Burns, SDS, has a very visible presence in our Home. He is the Pastoral Care Director of St. Anne's Salvatorian Campus. It is unusual for a nursing home to have a full time priest chaplain and he and the residents are grateful this ministry is a priority for St. Anne's. There is Mass in the Chapel five times a week. But every day residents will come to pray and reflect in the Chapel.

Father Mike is there for the residents and their families in times of celebration and times of loss. He is available to families in person and by telephone. He visits with residents in his office and throughout the campus. He enjoys meeting residents and staff and attends activities regularly so the connections take place. Last fall, he anointed residents on each floor of the Home and plans to do it again this spring. He is also there to help plan funerals and comfort family members.



Father Mike has a Master's in Art and Religion and a Master's of Divinity and served as a hospital chaplain and a parish priest before joining St. Anne's. He lives in community with several Salvatorian priests. He enjoys dinner with friends, swimming, reading and cooking.

Father Mike is grateful to the staff and volunteers who have assisted his transition. "St. Anne's is a family," he said.

Excellent State Survey

In January, the St. Anne's team earned a deficiency-free survey, proving compliance in all state and federal regulations. The state surveyors clearly recognized the compassion, kindness, professional expertise and unity of the staff. Together, our team makes a real difference in the lives of the people we serve and love.

The next time you visit St. Anne's, please congratulate the staff members for providing exceptional and professional care for our residents.

Thanks to everyone in the St. Anne's family who support our mission!

ST. ANNE'S SALVATORIAN CAMPUS
Sponsored by the Sisters of the Divine Savior
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Mark Your Calendars
February 20th, 2007
Mardi Gras Parade
May 14th – 18th, 2007
National Nursing Home Week